

Week Eight: Persistence

“For thine is the kingdom, the power, and the glory forever”

Thank you for taking part in this introduction to prayer beads as we expand our practice of prayer. Our final “W’s of Prayer” help us to continue the practice whenever and where ever we are.

When - Anytime!

Where - Anywhere!

What - Whatever prayer you want! Even just a time of holding your beads to calm.

Why - Because God loves to hear from us and also wants us to just be still, listen, and know that we are not alone.

To be persistent in prayer is to pray “all our days.” When you don’t know what or how to pray, when you are searching for words but cannot find them, when you are not sure that you feel the presence of the Divine, persist in your prayer with this one that comes right from Jesus. It is the prayer that he offered when his disciples were struggling to know how to pray, how to relate to the God that Jesus proclaimed as the intimate “Abba,” the family, the kingdom.

Use these prompts to settle your thoughts and center yourself in God’s presence as you enter and exit your time of prayer.

Cross (or pendant): Loving God,
Invitatory bead (first Large): You have called me into this time of prayer,
Resurrection bead (first Medium): to be with you.
Cruciform bead (next Large): Hear my prayer:

Bead 1: Our Abba, God, who art in heaven

Bead 2: hallowed be thy name.

Bead 3: Thy kingdom come, they will be done, on earth as it is in heaven.

Bead 4: Give us this day our daily bread.

Bead 5: And forgive us our trespasses (or debts), as we forgive those who trespass against us (or debtors).

Bead 6: Lead us not into temptation, but deliver us from evil.

Bead 7: For thine is the kingdom, the power, and the glory forever.

End Bead: Amen.

Resurrection bead (Medium): Christ is alive in me,
Invitatory bead (first Large): Thanks be to God.
Cross (or pendant): Amen.

*These prayers have been created by Dr. Marcia McFee,
www.worshipdesignstudio.com, for the series on prayer, “All My Days.”*